Translate the following text from English to Arabic:

## The Cold War

It was the open yet restricted rivalry that developed after World War II between the United States and the Soviet Union and their respective allies. The Cold War was waged on political, economic, and propaganda-fronts and had only limited recourse to weapons. The term was first used by the English writer George Orwell in an article published in 1945 to refer to what he predicted would be a nuclear stalemate between "two or three monstrous super-states, each possessed of a weapon by which millions of people can be wiped out in a few seconds." It was first used in the United States by the American financier and presidential adviser Bernard Baruch in a speech at the State House in Columbia, South Carolina, in 1947.